

# Caring is at our heart

mecwacare

We are a caring, not-for-profit organisation that's been helping older Victorians for over 65 years. We provide experienced, quality support in residential aged care, respite stays, home care, community services, retirement living, affordable housing and disability services.

## Support at *Home*

E intake@mecwacare.org.au

- Personalised support to help you remain independent and safely living at home.
- Trusted, reliable help with housework, maintenance, gardening, shopping, personal care, nursing and allied health.

## Retirement *Living*

E retirementliving@mecwacare.org.au

- Secure, independent living in a vibrant and welcoming community.
- Contemporary, low maintenance homes, shared spaces, social activities and support when needed.

## Residential Aged *Care*

E admissions@mecwacare.org.au

- Round-the-clock care from a dedicated and highly trained team.
- Tailored support that promotes independence, dignity and quality of life.
- Comfortable and homely facilities, chef prepared meals with engaging lifestyle programs.

## Affordable *Housing*

E housing@mecwacare.org.au

- Housing designed to provide comfort, safety and independence for people with a low income who are over 65, or living with a disability.

## Disability *Services*

E community@mecwacare.org.au

- Life and social skills-based programs to empower individuals living with a disability achieve their life goals.
- Dedicated team of highly trained professionals focused on compassionate care.

## Community *Services*

E community@mecwacare.org.au

- Wide range of services, including social activities, support groups, exercise classes, arts, crafts, outings and carer assistance for wellbeing and community connection.

## Op *Shops*

- Pre-loved items at budget-friendly prices, from clothing and kitchenware to books and toys, every purchase helps fund vital community programs in aged care and disability services.

Freecall 1800 163 292 • [mecwacare.org.au](https://mecwacare.org.au)

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mecwacare



Caring is  
at the heart  
of everything  
we do

38-40 ASCOT STREET SOUTH, ALTONA MEADOWS

mecwacare Allanvale

Residential Aged Care



# A place to call *Home*

Nestled in the tranquil suburb of Altona Meadows, mecwacare Allanvale is a home dedicated to giving residents the highest level of care and support.

All rooms are beautifully furnished and feature floor-to-ceiling windows that fill the space with natural light and offer charming views of the outdoors. Spread across two floors, the accommodation includes 49 well-appointed ensuite bedrooms designed with comfort in mind.

Each floor also features inviting sitting areas, perfect for relaxing, and welcoming dining rooms where residents can enjoy meals together. Our chefs prepare healthy, delicious dishes tailored to individual tastes and dietary needs, ensuring every mealtime is a truly enjoyable experience.

A bright activities and craft space is the perfect place to take part in a variety of fun and engaging activities. There's also a piano, whether residents want to play for themselves or enjoy during scheduled entertainment.

Outside, the beautiful gardens and courtyards, complete with comfy seating, offer the perfect place for families to relax and spend quality time together.

mecwacare Allanvale is dementia-friendly and equipped for general residential care, palliative care and respite services.

## Our residential aged care homes feature:

- ✓ Welcoming communities
  - ✓ Experienced, caring and qualified staff
  - ✓ Enjoyable lifestyle and activities programs
  - ✓ Safe and comfortable environments
- ✓ Registered nurses, night and day
  - ✓ Premium design and construction
  - ✓ Quality fixtures and fittings
  - ✓ Contemporary communal spaces



Photos for illustrative purposes only.

## *Living* your best life

We want residents to live life to the fullest. Through our signature lifestyle program, residents can take part in a broad range of recreational activities. Led by a committed team of caring and trained staff, lifestyle activities are based on individual passions and preferences.

From exercise groups, high tea, arts, crafts and music to train or tram rides, visits to the beach, cafés and movies there's something for everyone.

MECWACARE  
ALLANVALE

49  
rooms with ensuites

## FEATURES

- Couples rooms available
- 24/7 Registered nursing
- Regular outings, social events and activities
- Nutritious meals prepared using fresh ingredients
- Visiting allied health professionals
- Dementia support
- Respite stays available

*Book* a tour today!

Contact our friendly  
Admissions team:  
Freecall 1800 163 292  
E [admissions@mecwacare.org.au](mailto:admissions@mecwacare.org.au)

