



Caring is
at the heart
of everything
we do

Support that fits your life – at home and in your community

At mecwacare, we're here to support you to live the life you choose. We provide NDIS-funded services for all ages of people living with disability across Victoria, with personalised care delivered right in your local community.

We take the time to understand what matters to you, working in partnership with you, your family and your support network. Our relationship is built on trust, respect and a shared commitment – with support available 24/7, every day of the year.

Our experienced team is here to guide you through your options, help plan and connect you with the supports that suit your lifestyle and goals.



Speaking with our team has never been easier. For obligation free advice and supportive guidance please phone:

P (03) 8573 4692

E NDISintake@mecwacare.org.au



Registered
NDIS
Provider





Everyone's journey is different and so is the support we offer. That's why we focus on giving you choice and control every step of the way. Whatever your goals, we're here to help you live life, your way.

Our **qualified Disability Support Workers** can assist with:

- ✓ **Daily Personal Activities** – support with showering, dressing, grooming, toileting and personal hygiene.
- ✓ **Meal Preparation** – help with planning meals, grocery shopping and cooking.
- ✓ **Household Tasks** – assistance with general cleaning, laundry and home maintenance to keep your space safe and comfortable.
- ✓ **Daily Life Skills** – building independence through support with budgeting, time management, and daily routines.
- ✓ **Transport** – safe and reliable transport to medical appointments, work, social events, or community activities.
- ✓ **Social and Community Participation** – support to attend events, join clubs, make new friends, or connect with others in ways that matter to you.
- ✓ **Community Centre-Based Programs** – opportunities to engage in group activities, learn new skills and socialise in a welcoming environment.
- ✓ **Nursing Care** – clinical support including medication management, wound care and continence assessments for those with higher care needs.

Let's work together to find the right support for you. Your life, your goals, your way – with mecwacare by your side.



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