

Dementia

and Carers' Support Workshop

REGISTER
YOUR
INTEREST

Together with the Western Victoria Primary Health Network, mecwacare invites you to attend a Dementia and Carers' Support Workshop.

Get an overview, learn the signs and symptoms of dementia, how it is caused, and how it can affect the brain and behaviour.

When Wednesday 14 August 2024
10am - 11:30am

Where mecwacare Ballan:
Health and Care Training room

Cost Workshop: free
Morning tea: free

You will learn about:

- What dementia really is
- The different types of dementia
- What to look out for in loved ones
- Dementia diagnoses
- Staying healthy and preventing dementia
- How to support someone with dementia
- Living with dementia

This workshop is open to the public, however it may be especially beneficial to older Australians, people with a family history of dementia, and carers, family, friends and loved ones of people with dementia.

For more information and to register, contact Louise Mayall,
RN1 (Advisor in Healthy Ageing)

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