

Caring is
at the heart
of everything
we do

Respite Care

mecwacare has been caring for the community since 1959 and has a proud history of meeting the needs of our clients.

mecwacare provides a range of services including respite care in your home, in community centres and in residential aged care centres across Victoria to enable short breaks and independence for clients and their carers, supporting quality of life and providing peace of mind.

In the home

At mecwacare we understand the importance of placing the right person in your loved one's home, with our qualified team of carers you can take a break or attend to other matters, knowing that your loved one is well cared for when you can't be there.

Respite services provide assistance in the home, which may be for a few hours, a day, a night or weeks. mecwacare can provide 24-hour live-in care to clients who may require a higher level of support or supervision.

mecwacare respite services are there when you need them and can be booked on an ad-hoc or on-going basis.

**For more information, please contact our admissions team
on (03) 8573 4812 or email: admissions@mecwacare.org.au**



mecwacare offers the following programs and services

- NDIS support coordination
- Nursing care
- Care assessment
- Personal care
- Home care
- Home care packages
- Disability care and support
- Socialisation
- Community transport
- Gardening
- Home maintenance
- Meals on wheels
- Volunteer support
- Residential respite care
- Transport to medical appointments
- Centre-based respite care
- In-home respite care
- Permanent care
- Dementia care
- Dietetics
- Podiatry
- Physiotherapy
- Pool and gym
- Strength training
- Occupational therapy
- Some programs will be subjected to government eligibility criteria.
- Call us to find out which services are available in your area.

At our community centres

Respite services are available at our day centres and in the community. This includes Planned Activity Groups that provide a variety of engaging and rewarding programs and activities that cater to older people, people with dementia and people living with a disability.

mecwacare also provides a carer's support program, which is held at our day centres. Carers can share experiences, exchange ideas, develop networks and listen to guest speakers who will offer advice, valuable information and links to services. We understand that the role of a carer can be challenging and this support program provides an opportunity to meet like-minded people in a relaxed setting.

In our residential centres

Respite services in our residential centres enable short breaks and independence for clients and their carers in one of our secure, safe and supported homes across Victoria.

Clients can meet and interact with new people, participate in activities from an extensive lifestyle program and enjoy fresh meals cooked on-site. Clinical care and medication assistance are provided. All mecwacare aged care homes provide 24-hour nursing care and visits from family and friends are welcome. Low care and high care admissions are accepted and application and admission documents for first visits can support multiple stays. Single rooms with private ensuites are available.

Corporate Services

A 1287 Malvern Road, Malvern VIC 3144

P 03 8573 4888 E enquiries@mecwacare.org.au

Freecall 1800 163 292 • mecwacare.org.au



Supported by the Australian Government Department of Social Services and the Department of Families, Fairness and Housing. Visit the Department of Social Services website at www.dss.gov.au for more information.

241023