

Caring is  
at the heart  
of everything  
we do

# Carers' Support Group

Are you caring for a loved one?

Come and join us at the various locations, and be part of our Carer's Support Group - a support group for carers that allows you to share your experiences in a safe and caring environment.

Caring for a loved one can be time consuming and very stressful. The aim of this group is to meet others who share similar experiences, and to sit and enjoy some time away from the caring role.

Come and share your experiences, exchange ideas, develop networks and share advice, valuable information and links to services. Light refreshments provided

**When:**

Monthly

**Where:**

mecwacare Barry Fenton Centre  
72 Bowen Street, Malvern East

and

mecwacare Bass Coast  
Phillip Island Senior Citizens  
6 Lions Court, Cowes (Phillip Island).

**For further information please contact:**

mecwacare Barry Fenton Centre  
P 03 9564 5100  
E [barryfentoncentre@mecwacare.org.au](mailto:barryfentoncentre@mecwacare.org.au)

mecwacare Bass Coast  
P 0486 003 628  
E [basscoast@mecwacare.org.au](mailto:basscoast@mecwacare.org.au)

# Our programs and services are supported by:

**mecwacare**

## AGED CARE HOMES

### **Altona North**

mecwacare Squires Place

### **Bacchus Marsh**

mecwacare Susan Barton House

### **Ballan**

mecwacare Ballan Aged Care

### **Canadian (Ballarat)**

mecwacare Wahroonga

### **Caulfield North**

mecwacare Jubilee House

### **Flemmington**

mecwacare Gregory Lodge

### **Glen Iris**

mecwacare Noel Miller Centre

### **Hamlyn Heights (Geelong)**

mecwacare Elstof House

### **Hoppers Crossing**

mecwacare John Atchison Centre

### **Malvern**

mecwacare Malvern Centre

### **Mont Albert North**

mecwacare Simon Price Centre

### **Mornington**

mecwacare Park Hill

### **Prahran**

mecwacare Trescowthick Centre

### **Richmond**

mecwacare John Hood Terrace  
(under construction)

### **Richmond**

mecwacare Rositano House

### **Safety Beach**

mecwacare Calwell Manor

### **Shoreham**

mecwacare Annie's Court

### **Traralgon**

mecwacare O'Mara House

### **Westmeadows**

mecwacare Vincent House

## RESPIRE CARE

## BALLAN SERVICES

### **Ballan Medical Clinic**

**Ballan Allied Health**

**Ballan Pool and Gym**

## PODIATRY

**Malvern East**

## HOME CARE SERVICES

**South East Metro**

**North West Metro**

**South East Region**

**South West Region**

(includes Ballarat)

**Barwon Region**

Hamlyn Heights (Geelong)

**Gippsland Region**

(includes Bass Coast)

**Mornington Region**

## HOME CARE PACKAGES

## RETIREMENT LIVING

**Ballan, Berwick, Canadian**

**(Ballarat) Hoppers Crossing**

**Malvern, Pascoe Vale.**

## AFFORDABLE HOUSING

**Beaumaris**

**Glen Iris**

**Sandringham**

## COMMUNITY AND DISABILITY SERVICES

**Bass Coast**

Cowes (Phillip Island)

**Malvern East**

mecwacare Barry Fenton Centre

**Malvern East**

mecwacare Fisher Street Centre

**Pakenham**

mecwacare Rivendell House

## OPPORTUNITY SHOPS

**Ballan, Hawthorn, Malvern,  
Malvern East, Windsor.**

## **mecwacare offers the following programs and services**

- NDIS support coordination
- Nursing care
- Care assessment
- Personal care
- Home care
- Home care packages
- Disability care and support
- Socialisation
- Community transport
- Gardening
- Home maintenance
- Meals on wheels
- Volunteer support
- Residential respite care
- Transport to medical appointments
- Centre-based respite care
- In-home respite care
- Permanent care
- Dementia care
- Dietetics
- Podiatry
- Physiotherapy
- Pool and gym
- Strength training
- Occupational therapy

\* Some programs will be subjected to government eligibility criteria.

\* Call us to find out which services are available in your area.

## **Corporate Services**

**A** 1287 Malvern Road, Malvern VIC 3144

**P** 03 8573 4888 **E** enquiries@mecwacare.org.au

**Freecall 1800 163 292 • [mecwacare.org.au](http://mecwacare.org.au)**



Supported by the Australian Government Department of Social Services and the Department of Families, Fairness and Housing. Visit the Department of Social Services website at [www.dss.gov.au](http://www.dss.gov.au) for more information.

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