



Caring is at  
the heart of  
everything  
we do

*Regular podiatry treatment helps maintain healthy feet to assist mobility and prevent falls.*

# Podiatry Service

As feet grow older, they can naturally develop problems. But painful and uncomfortable feet do not necessarily have to be a normal part of ageing and can often be addressed by a podiatrist.

mecwacare offers a podiatry service four days a week at the Barry Fenton Centre in Malvern East. Our qualified podiatrist monitors the health of feet for clients with conditions such as diabetes, ulcers, peripheral vascular disease and rheumatoid arthritis, as well as providing general maintenance and prevention.

Our podiatry service can treat a range of foot problems, including:

- Long nails
- Hard skin
- Corns
- Dry heels
- Pain

**To confirm eligibility and arrange an assessment, contact mecwacare on 9564 5100.**

## **Who is eligible:**

Residents in the City of Stonnington and surrounding suburbs

## **Where:**

Barry Fenton Centre  
72 Bowen Street  
Malvern East

## **When:**

Monday to Thursday  
9am – 4pm

## About mecwacare

mecwacare is a not-for-profit, non-denominational charitable organisation that has been supporting Victorians for more than 60 years. We are a values-based, care-driven organisation that provides residential, community and in-home nursing, care and support services for the elderly and people living with a disability.

## Our services

### **Aged Care Homes**

**P 8573 4812**

mecwacare's residential aged care facilities feel like home and provide quality, safe and genuine care with registered nurses rostered on every shift.

### **Home Care and Home Care Packages**

**P 8573 4980**

Receive care and support from one hour per week to 24-hour live-in care, tailored to your individual needs and that is flexible for when your circumstances change.

### **Respite Care**

**P 8573 4812**

mecwacare provides respite care in the home, in the community and in our aged care homes across metropolitan Melbourne and regional Victoria.

### **Disability Care and Support**

**P 8573 4980**

mecwacare provides programs that offer choice, diversity and active participation for people who have an intellectual, physical or mental health disability. mecwacare is a registered NDIS provider.

### **Community Housing**

**P 8573 4970**

mecwacare's community housing – located in Beaumaris, Glen Iris and Sandringham – fosters a caring community and promotes dignity and privacy.

### **Retirement Living**

**P 8573 4970**

Enjoy a community of like-minded people where you can live life to the fullest at mecwacare's retirement villages in Ballan, Malvern and Hoppers Crossing.

### **Opportunity Shops**

**P 9571 4221**

mecwacare's Op Shops in Ballan, Hawthorn, Malvern, Malvern East and Windsor and offer an eclectic range of pre-loved clothes, books and bric-a-brac.

## Corporate Services

**A** 1287 Malvern Road, Malvern VIC 3144

**P** 03 8573 4888    **E** enquiries@mecwacare.org.au

Freecall **1800 163 292** • **mecwacare.org.au**

mecwacare acknowledges the support of the Victorian Government

