

Respite Care

mecwacare has been caring for the community since 1959 and has a proud history of meeting the needs of our clients. mecwacare provides respite services in the home, in community centres and in residential aged care centres across Victoria to enable short breaks and independence for clients and their carers, supporting quality of life and providing peace of mind. A variety of programs are available to support carers in their roles and to ensure clients are well supported in their care and lifestyle needs, promoting choice and independence.

In the home

Respite services ensure someone is available to assist if the need arises, which may be for a few hours, a day, a night or weeks. Respite is a way of relieving the stress of being a carer – we understand it is important for carers to make time for themselves.

mecwacare provides overnight or longer live-in care to a client whose regular carer cannot be in attendance or simply needs a break.

mecwacare can provide 24-hour live-in care to a client who may require a higher level of support or supervision. We understand the importance of placing the right person in your loved one's home or long-term care.

At our community centres

Respite services are available at our day centres and in the community. This includes Planned Activity Groups that provide a variety of engaging and rewarding programs and activities that cater to older people, people with dementia and people living with a disability.

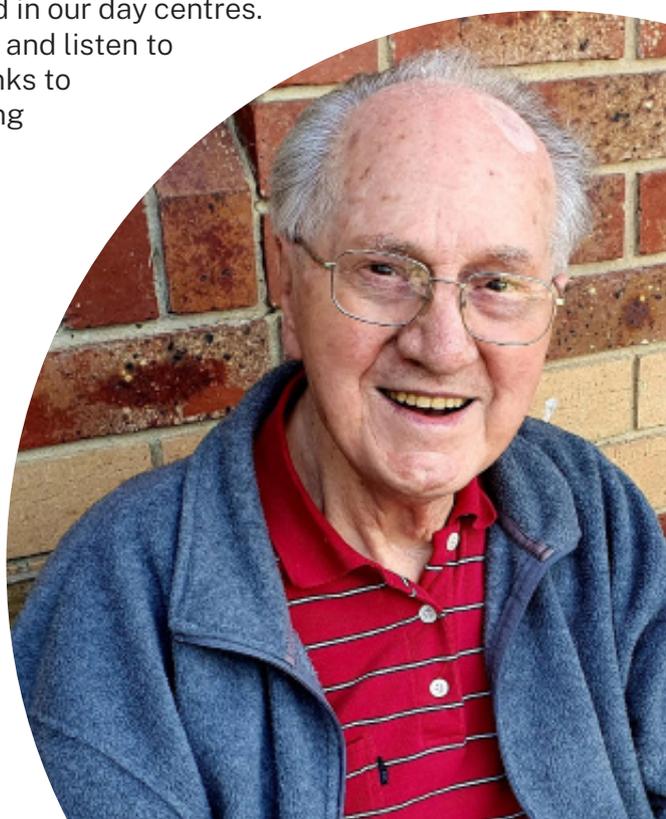
mecwacare also provides a carer's support program, which is held in our day centres.

Carers can share experiences, exchange ideas, develop networks and listen to guest speakers who will offer advice, valuable information and links to services. We understand that the role of a carer can be challenging and this support program provides an opportunity to meet like-minded people in a relaxed setting.

In our residential centres

Respite services in our residential centres enable short breaks and independence for clients and their carers in 13 secure, safe and supported homes across Victoria.

Clients can meet and interact with new people, participate in activities from an extensive lifestyle program and enjoy fresh meals cooked on-site. Clinical care and medication assistance are provided with 24-hour nursing care and visits from family and friends are welcome. Low care and high care admissions are accepted and application and admission documents for first visits can support multiple stays. Single rooms with private ensuites are available.



Corporate Services

A 1287 Malvern Road, Malvern VIC 3144

P 03 8573 4888 E enquiries@mecwacare.org.au



mecwacare offers the following programs and services:

- Nursing Care
- Care Assessment
- Care Coordination
- Personal Care
- Home Care
- Disability Care and Support
- Socialisation
- Community Transport
- Gardening
- Home Maintenance
- ISP Care and Management
- Meals on Wheels
- Volunteer Support
- Extra Care (Residential Service or SRS)
- Transport to Medical Appointments
- Centre-Based Respite Care
- In-Home Respite Care
- Supported Holiday Program
- Permanent Care
- Dementia Care
- Dietetics
- Podiatry
- Strength Training

* Some programs will be subject to government eligibility criteria

* Call us to find out which services are available in your area

Our programs and services are supported by:

Private Care Services (self or insurance funded)

Home Care Packages

Home Care Services

- South East Metro, Malvern East
- North West Metro, Keilor East
- South East Region, Pakenham
- South West Region, Ballarat
- Barwon Region, Geelong
- Gippsland Region, Inverloch
- Brokered Services
- Commonwealth Home Support Programme (CHSP)
- Veterans' Community Nursing
- Veterans' Home Care
- Registered NDIS Provider

Residential Services

- mecwacare Annie's Court, Shoreham
- mecwacare Calwell Manor, Safety Beach
- mecwacare Elstoft House, Hamlyn Heights (Geelong)
- mecwacare John Atchison Centre, Hoppers Crossing
- mecwacare Jubilee House, Caulfield North
- mecwacare Malvern Centre, Malvern
- mecwacare Noel Miller Centre, Glen Iris
- mecwacare O'Mara House, Traralgon
- mecwacare Park Hill, Mornington
- mecwacare Rositano House, Richmond
- mecwacare Simon Price Centre, Mont Albert
- mecwacare Squires Place, Altona North
- mecwacare Trescowthick Centre, Prahran
- mecwacare Vincent House, Westmeadows

Community Services

In-Home Disability Care and Services

Disability Day Services

- Fisher Street Centre, Malvern East

Planned Activity Groups

- Barry Fenton Centre, Malvern East
- Bass Coast, Cowes (Phillip Island)
- Rivendell House, Pakenham

Opportunity Shops

- Hawthorn
- Malvern
- Malvern East
- Windsor

Community Housing Services

- Beaumaris
- Glen Iris
- Sandringham

Retirement Living

- John Atchison, Hoppers Crossing
- Robin Syme, Malvern