

mecwacare

mecwacare and the **NDIS**
(National Disability Insurance Scheme)



*supporting you
along the road*

What is the **NDIS**?

The National Disability Insurance Scheme (**NDIS**) is a government disability funding that aims to empower people with a disability to work towards achievements and to identify the support they need. The **NDIS** provides people with their own individual plan and ensures the person is at the centre of the decision making process.

Who is **mecwacare** and how can they help me?

mecwacare is a registered provider of disability services under the **NDIS**, both group-based programs or one on one individual support. Clients can purchase in-home respite, supports and services to assist them to live as independently as possible, strengthen relationships with others and to participate in their community.

mecwacare has many years of experience in providing care to people with a disability to clients of all ages.

Changing as you change

As your life changes, so may your support needs and goals. **mecwacare** will be there to make sure you get the right support.

Your Choice, Your Way

Support Coordination is the assistance provided to support participants to maximise the **NDIS** services by assisting you to access mainstream, community and informal supports.

The Support Coordinator can help you to understand the **NDIS** and its flexibility to strengthen the ability to coordinate and choose the supports you need to participate fully in the local community.



NDIS frequently asked questions

1

Why do we need the **NDIS**?

In the past, each state managed the disability support themselves which gave people with a disability little choice. The **NDIS** provides a lifetime commitment for each state to support people with a disability in their everyday life.

2

Who can get the **NDIS**?

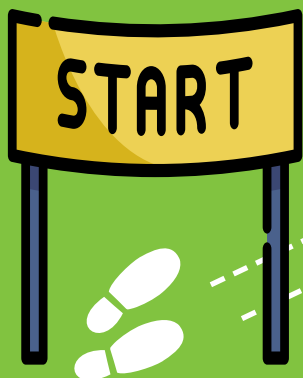
- You must be under 65 years of age.
- You must have been born in Australia or be an Australian Citizen.
- You must have a permanent disability or need early intervention to treat something early.

3

Now that I know I am eligible for **NDIS** what is the next step?

Start thinking about your needs and goals and how you would like your individual plan to look. Think about how your life is and how you want your life to be. What are you good at? What do you like to do and what is hard for you to do?

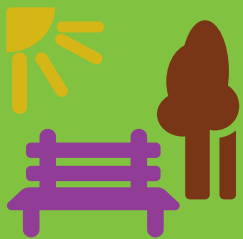
What kind of support is available to me?



Assistance with Self Care - Personal Care including dressing, showering and bathroom assistance to maintain good hygiene and support healthy living.

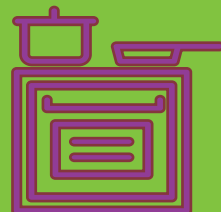


Transport - we can assist with travel and transport arrangements to and from school, work, medical appointments, local shopping centres, events, social opportunities and around the community.



Community, Social and Recreational

Activities - we can assist clients in community participation, promoting independence and active living. This includes the development of daily living and life skills.



Assistance with Daily Life/ Domestic Care - we can provide support with domestic duties such as dusting, vacuuming, cleaning kitchens or bathrooms, washing, ironing, changing bed sheets and general tidying up.





FREECALL 1800 163 292



For more information



For people with hearing or speech loss
TTY 1800 555 677



Speak and Listen: 1800 555 727



For people who need help with English
T.I.S. 131 450



Go to our website: www.mecwacare.org.au



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Find us on Facebook



mecwacare

Registered **NDIS** Provider

mecwacare is proudly a not-for-profit, non denominational
organisation caring for Victorians since 1959