Caring is at our heart

mecwacare

We are a caring, not-for-profit organisation that's been helping older Victorians for over 65 years. We provide experienced, quality support in residential aged care, respite stays, home care, community services, retirement living, affordable housing and disability services.

Support at *Home*

E intake@mecwacare.org.au

- Personalised support to help you remain independent and safely living at home.
- Trusted, reliable help with housework, maintenance, gardening, shopping, personal care, nursing and allied health.

Retirement Living

E retirementliving@mecwacare.org.au

- Secure, independent living in a vibrant and welcoming community.
- Contemporary, low maintenance homes, shared spaces, social activities and support when needed.

Residential Aged Care

E admissions@mecwacare.org.au

- Round-the-clock care from a dedicated and highly trained team.
- Tailored support that promotes independence, dignity and quality of life.
- Comfortable and homely facilities, chef prepared meals with engaging lifestyle programs.

Affordable Housing

E housing@mecwacare.org.au

 Housing designed to provide comfort, safety and independence for people with a low income who are over 65, or living with a disability.

Disability Services

E community@mecwacare.org.au

- Life and social skills-based programs to empower individuals living with a disability achieve their life goals.
- Dedicated team of highly trained professionals focused on compassionate care.

Community Services

E community@mecwacare.org.au

 Wide range of services, including social activities, support groups, exercise classes, arts, crafts, outings and carer assistance for wellbeing and community connection.



 Pre-loved items at budget-friendly prices, from clothing and kitchenware to books and toys, every purchase helps fund vital community programs in aged care and disability services.

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Wahroonga

Residential Aged Care

Picturesque comfort and care

mecwacare's Wahroonga offers community connections and companionship in a secure and scenic setting.

Wahroonga is a bright, north-facing home filled with natural light, featuring airy rooms and spacious private ensuites. With quality heating and cooling throughout, residents enjoy year-round comfort in a welcoming and well-appointed environment.

Choose between a standard room, premium room or double suite for couples. All rooms have adjustable king-single electric beds and memory support mattresses to promote restful sleep. Residents are invited to bring personal furnishings to make the space their own.

Spend peaceful days immersed in nature. Relax to the soothing sounds of native birdlife from

the comfort of your chair, or take a gentle stroll through the gardens, including our specially designed dementia walk created to engage the senses and inspire moments of joy.

Whether you enjoy relaxing in the garden, joining in group activities or heading out on local outings, Wahroonga offers a wonderful balance of quiet moments and engaging experiences. With caring staff and a strong sense of community, residents are supported to make the most of each day in their own way.

Wahroonga provides personalised, compassionate care for those needing respite, permanent, dementia or palliative support.

Our residential aged care homes feature:

- ✓ Welcoming communities
 - Experienced, caring and qualified staff
- Enjoyable lifestyle and activities programs
- ✓ Safe and comfortable environments
- Registered nurses, night and day
- Premium design and construction
- Quality fixtures and fittings
- Contemporary communal spaces



Living your best life

We want residents to live life to the fullest. Through our signature lifestyle program, residents can take part in a broad range of recreational activities. Led by a committed team of caring and trained staff, lifestyle activities are based on individual passions and preferences.

From exercise groups, high tea, arts, crafts and music to train or tram rides, visits to the beach, cafés and movies there's something for everyone.

Photos for illustrative purposes only.

MECWACARE WAHROONGA

90 rooms

FEATURES

- Games room
- Hairdresser
- Wi-Fi available
- In-room phone available
- Private dining room
- Dining area in each wing
- Separate lounge with open fireplace
- Landscaped gardens and courtyards
- Visiting doctors and allied health team
- · Disability access and parking
- Resident bus for excursions and shopping trips









Contact our friendly Admissions team:

Freecall **1800 163 292**

E admissions@mecwacare.org.au

