

Caring is at our heart

mecwacare

We are a caring, not-for-profit organisation that's been helping older Victorians for over 65 years. We provide experienced, quality support in residential aged care, respite stays, home care, community services, retirement living, affordable housing and disability services.

Support at *Home*

E intake@mecwacare.org.au

- Personalised support to help you remain independent and safely living at home.
- Trusted, reliable help with housework, maintenance, gardening, shopping, personal care, nursing and allied health.

Retirement *Living*

E retirementliving@mecwacare.org.au

- Secure, independent living in a vibrant and welcoming community.
- Contemporary, low maintenance homes, shared spaces, social activities and support when needed.

Residential Aged *Care*

E admissions@mecwacare.org.au

- Round-the-clock care from a dedicated and highly trained team.
- Tailored support that promotes independence, dignity and quality of life.
- Comfortable and homely facilities, chef prepared meals with engaging lifestyle programs.

Affordable *Housing*

E housing@mecwacare.org.au

- Housing designed to provide comfort, safety and independence for people with a low income who are over 65, or living with a disability.

Disability *Services*

E community@mecwacare.org.au

- Life and social skills-based programs to empower individuals living with a disability achieve their life goals.
- Dedicated team of highly trained professionals focused on compassionate care.

Community *Services*

E community@mecwacare.org.au

- Wide range of services, including social activities, support groups, exercise classes, arts, crafts, outings and carer assistance for wellbeing and community connection.

Op *Shops*

- Pre-loved items at budget-friendly prices, from clothing and kitchenware to books and toys, every purchase helps fund vital community programs in aged care and disability services.

Freecall 1800 163 292 • mecwacare.org.au

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mecwacare



Caring is
at the heart
of everything
we do

70 CHARLES STREET, PRAHRAN

Trescowthick Centre

Residential Aged Care

A *Charming* home in Melbourne's cosmopolitan hub

Located in the heart of Prahran, mecwacare's Trescowthick Centre offers comfortable rooms with private ensuites and plenty of natural light.

Residents live in four 'houses', each with communal living and dining areas, connected by an internal streetscape with a central mall and cathedral glass ceiling. Leafy courtyards, a cafe, a library, and an onsite hair and beauty salon add to the home's charm.

Spacious lounges encourage socialising, while courtyard style gardens provide a peaceful retreat. The Trescowthick Centre provides warm and attentive support, with registered nurses onsite 24/7 for peace of mind.

Respite stays are available and an ageing-in-place approach means residents don't have to move if their needs change. Compassionate palliative care allows families to focus on their loved ones while staff provide comfort and dignity.

If you need permanent aged care, respite, dementia support or palliative care in Prahran, mecwacare's Trescowthick Centre could be the perfect place for you.

Our residential aged care homes feature:

- ✓ Welcoming communities
- ✓ Experienced, caring and qualified staff
- ✓ Enjoyable lifestyle and activities programs
- ✓ Safe and comfortable environments
- ✓ Registered nurses, night and day
- ✓ Premium design and construction
- ✓ Quality fixtures and fittings
- ✓ Contemporary communal spaces

Living your best life

We want residents to live life to the fullest. Through our signature lifestyle program, residents can take part in a broad range of recreational activities. Led by a committed team of caring and trained staff, lifestyle activities are based on individual passions and preferences.

From exercise groups, high tea, arts, crafts and music to train or tram rides, visits to the beach, cafés and movies there's something for everyone.



Photos for illustrative purposes only.

MECWACARE TRESCOWTHICK CENTRE

60

rooms

FEATURES

- Single rooms with private ensuites
- Private dining and lounge areas
- Leafy landscaped courtyards
- Onsite hair and beauty salon
- Kiosk
- Well-stocked library
- Charming architecture
- Close to Prahran Market, services, shops and facilities.

Book a tour today!

Contact our friendly
Admissions team:

Freecall 1800 163 292

E admissions@mecwacare.org.au

