## Caring is at our heart

### mecwacare

We are a caring, not-for-profit organisation that's been helping older Victorians for over 65 years. We provide experienced, quality support in residential aged care, respite stays, home care, community services, retirement living, affordable housing and disability services.

## Support at *Home*

E intake@mecwacare.org.au

- Personalised support to help you remain independent and safely living at home.
- Trusted, reliable help with housework, maintenance, gardening, shopping, personal care, nursing and allied health.

## Retirement Living

E retirementliving@mecwacare.org.au

- Secure, independent living in a vibrant and welcoming community.
- Contemporary, low maintenance homes, shared spaces, social activities and support when needed.

## Residential Aged Care

E admissions@mecwacare.org.au

- Round-the-clock care from a dedicated and highly trained team.
- Tailored support that promotes independence, dignity and quality of life.
- Comfortable and homely facilities, chef prepared meals with engaging lifestyle programs.

## Affordable Housing

E housing@mecwacare.org.au

 Housing designed to provide comfort, safety and independence for people with a low income who are over 65, or living with a disability.



E community@mecwacare.org.au

- Life and social skills-based programs to empower individuals living with a disability achieve their life goals.
- Dedicated team of highly trained professionals focused on compassionate care.

## Community Services

E community@mecwacare.org.au

 Wide range of services, including social activities, support groups, exercise classes, arts, crafts, outings and carer assistance for wellbeing and community connection.



 Pre-loved items at budget-friendly prices, from clothing and kitchenware to books and toys, every purchase helps fund vital community programs in aged care and disability services.

Freecall 1800 163 292 · mecwacare.org.au









12-14 BEULAH STREET, HAMYLN HEIGHTS (GEELONG)

## Elstoft House

Residential Aged Care

# A place to call *Home*

Nestled in the Geelong suburb of Hamlyn Heights, mecwacare Elstoft House is a warm and welcoming home with beautiful views over Corio Bay.

Our contemporary rooms, each with a private ensuite, provide comfort and privacy, with some offering stunning bay vistas. Recent renovations include a stylish new café where residents can enjoy quality time with family and friends.

Thanks to generous community donations, our fully stocked library offers endless hours of entertainment for book lovers. A well-equipped kiosk ensures everyday essentials – and a few delightful treats - are always on hand, while our onsite cinema invites residents to escape into the magic of Hollywood.

Spacious and comfortable lounges encourage socialising, lush garden areas provide a peaceful retreat in the fresh bay air and open courtyards are perfect for spending time with visitors. Convenient tea and coffee facilities make entertaining guests effortless and our secure environment ensures peace of mind for all.

Elstoft House is thoughtfully designed with dementia-friendly spaces and offers 24/7 care from registered nurses. Our ageing-in-place approach means residents can stay in familiar surroundings even if their care needs change.

Whether you're seeking residential aged care, respite services, or palliative care mecwacare Elstoft House could be the perfect place for you.

### Our residential aged care homes feature:



Welcoming communities



Experienced, caring and qualified staff



Enjoyable lifestyle and activities programs



Safe and comfortable environments



Registered nurses, night and day



Premium design and construction



Quality fixtures and fittings



Contemporary communal spaces



## Living your best life

We want residents to live life to the fullest. Through our signature lifestyle program, residents can take part in a broad range of recreational activities. Led by a committed team of caring and trained staff, lifestyle activities are based on individual passions and preferences.

From exercise groups, high tea, arts, crafts and music to train or tram rides, visits to the beach, cafés and movies there's something for everyone.

Photos for illustrative purposes only.

### MECWACARE **ELSTOFT HOUSE**

rooms

#### **FEATURES**

- Private dining and lounge areas
- Ensuite bathrooms
- Views of Corio Bay
- Café
- Cinema
- Vegetable patch
- Non-denominational prayer room

**Book** a tour today!

Contact our friendly

Freecall 1800 163 292

Admissions team:

- Activity rooms
- Large gardens











