

Wednesday Womens Program

As part of our Wednesday womens program, we offer gentle exercises, musical entertainment, art and craft, guest speakers, games and socialisation. We also arrange outings into the community to restaurants and attractions.

Who can join?

People who live in the City of Stonnington and surrounding areas, and are over the age of 65 or have a disability, can join the program.

Where is the program?

The program is held at the Bowen Street Community Centre at 72 Bowen St, Malvern East, Melway reference 69 D2.

When does the program run?

The program runs on Wednesdays at 10am to 3pm.

How can I find out more information?

To find out more contact us on 9564 5100 or 9564 5102, or visit our website - www.mecwacare.org.au

