

Thursday Go Getters Program

Our Go-Getters program on Thursdays offers a broad range of activities for people with an acquired brain injury (ABI) including gentle exercises, musical entertainers, guest speakers and socialisation. We also hold outings, cultural days and art and craft classes.

mecwacare's trained staff run regular planning sessions where client input helps develop the eight-week program. Morning tea and a healthy two-course lunch is provided. Transport is also available by mecwacare bus or a taxi if required.

Who can join?

People with an acquired brain injury who live in the City of Stonnington and surrounding areas can join the program.

Where is the program?

The program is held at the Bowen Street Community Centre at 72 Bowen St, Malvern East, Melway reference 69 D2.

When does the program run?

Every Thursday 10am to 3pm

How can I find out more information?

To find out more contact us on 9564 5100 or 9564 5102, or check our website at www.mecwacare.org.au

