

## Activities at Cockatoo

mecwacare's Cockatoo program provides a range of centre-based activities such as armchair travel and morning melodies, as well as trips to the cinema and scenic drives to places like Budget Weir and Cardinia Lake.

The program is supported by two experienced and supportive staff members, and caters to a very friendly group of local people.

### Who can join?

People who live in the Shire of Cardinia and surrounding areas, and are over the age of 65 or have a disability, can join the program.

### Where is the program?

The program meets at the Cockatoo and District Senior Citizens Centre, 73 - 79 Pakenham Road, Cockatoo. picks up local clients at their homes and takes them out into the community.

### When does the program run?

The program runs on Thursdays from 9.30am to 3.00pm

### To find out more information?

To find out more contact us on 5941 5454 or 5941 2315 or visit our website - [www.mecwacare.org.au](http://www.mecwacare.org.au)

